



Between Friends

Maitri Quarterly Newsletter

October, 2022

*Celebrating the resilience of all survivors
& Mourning for those who we lost*

#DVAM

#Every1KnowsSome1

Domestic Violence is found in every community, and the devastating consequences of domestic violence cross generations and last a lifetime. The South Asian community is not an exception. While projected as a model minority, we as South Asians are most often uncomfortable and reluctant to talk about family violence, partner violence and abuse. We fail to understand that the victim blaming attitude and neglect toward victims and survivors may create an even more dangerous situation for them. Recent tragic incidents of [Sania Khan](#), [Mandeep Kaur](#), [Gurpreet Dosanjh](#) and many other published and unpublished stories tell us that all of us are in some way responsible for failing these women. This Domestic Violence Awareness Month (DVAM) let us all come together to raise awareness, let us bring this issue under the limelight to examine the root cause and to find a solution. Domestic violence is a community issue and it needs all hands on deck to eradicate it. Together, by supporting domestic violence organizations and victims impacted by domestic violence, you can prevent this social ill. Join hands with Maitri in ending domestic violence and gender based violence and take part in building a safe community for all.

COMMEMORATING DOMESTIC VIOLENCE AWARENESS
MONTH (#DVAM)

MAITRI DVAM ACTIVITIES

*Commemorating Domestic Violence
Awareness Month*

10/4: Community Talk at the Milpitas Adult Ed Center

10/7: Domestic Violence Walk

10/12: Office of Racial Equity, City of San José Spotlight
Series (FB Live)

10/15: Community Presentation at Indiaspora

10/16: Maitri Panel: Preventing Sexual Harassment in Campuses

10/19: Fremont Domestic Violence Awareness Candlelight Vigil

10/20: Purple Thursday Campaign

10/27: Art & Poetry Fest Album Launch

City Council Remarks, Proclamation on DV Awareness Month and
Presentations throughout October



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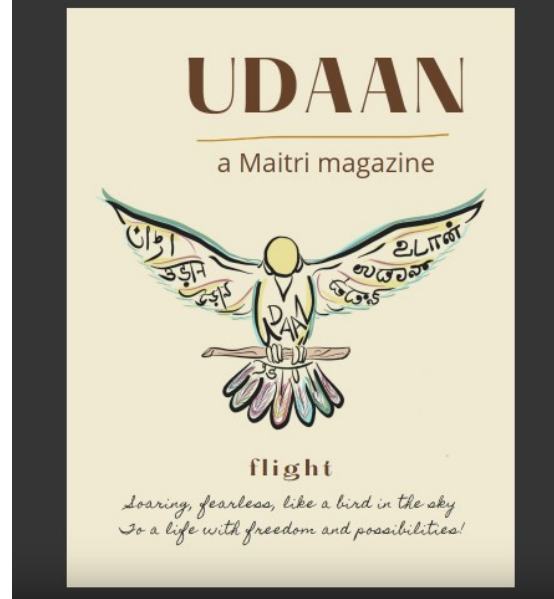
LAST QUARTER AT A GLANCE

SURVIVORS IN THE CENTER

Unveiling Udaan, a Maitri Magazine

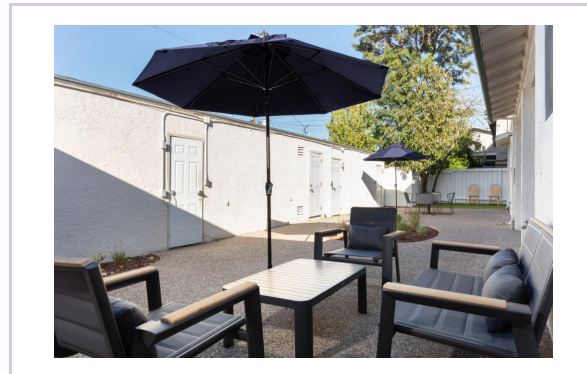
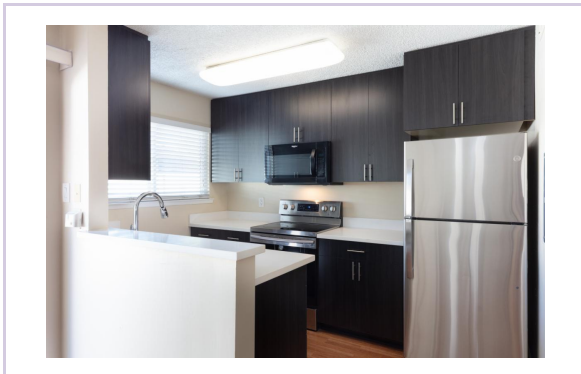
We published the first issue of the Maitri Magazine-Udaan in September. Our poems, recipes, paintings, writings –all are work of love, testament of the courage and resilience of survivors and the ones who stand beside them. The Magazine is freely available [here](#). On September 22, 2022 we

unveiled Udaan, in the presence of the Maitri Board, staff, volunteers and invited guests. Please watch the [event video](#).



Transitional Housing Makeover

Last quarter, one of our transitional housing units and outdoor space were transformed into a vibrant and functional space for our residents. We are very grateful to our partners, [Housing Industry Federation](#) (HIF) and their members who donated their services and material in kind.



Lawyering for DV Survivors

In September Maitri collaborated with [FVAP](#) and [Sikh Family Center](#) in hosting a panel discussion on Lawyering best practices of working with domestic violence survivors. The webinar was designed to begin a conversation on how lawyers and survivors can communicate better and work towards a common goal: asserting survivors' rights in the courts including safety. Sharing the video.

LAWYERING FOR DV SURVIVORS: BEST PRACTICES

Webinar/Facebook Live

Date: Wednesday September 21, 2022

Time: 12:00 pm to 1:15 pm

- Are you a Domestic Violence survivor interested to learn more about working with attorneys?
- Are you an attorney working with survivors and want to learn best practices?

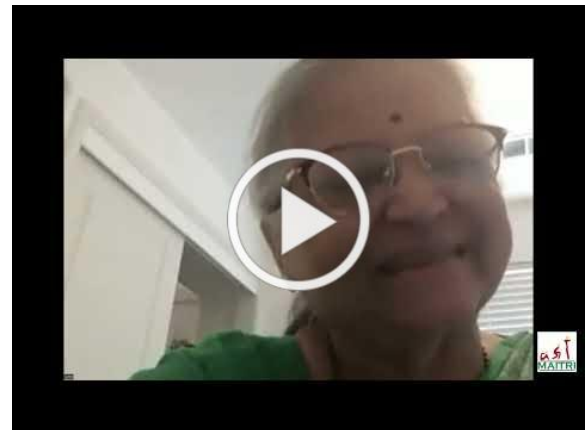
Join us for a discussion

- Moderator: Mallika Kaur, Sikh Family Center
- Panelists:
 - Arati Vasam, Senior Managing Attorney, Family Violence Appellate Project
 - Protima Pandey, Advisory board member, Family violence Appellate Project
 - Shabana Ansari, Legal Program Coordinator, Maitri



An Evening with Stree Mukti Sanghatana

In August Maitri hosted Jyoti Mhapsekar, a renowned playwright and founder member of **Stree Mukti Sanghatana** in Mumbai, India. In a conversation with Shabana Ansari, Maitri Legal Program Coordinator, the honorable women's rights activist shared her journey forming the organization and current state of domestic violence related services provided at her organization. The discussion was held in presence of Maitri volunteers and Staff members and included a short segment from her play, " Mulgi Zali Ho" in Marathi. Watch our discussion video.



COMMUNITY OUTREACH

Information Booth & Presentation

Our Outreach team continues to share our resources at community events. Last quarter Maitri representatives attended a couple of great community events, like

Festival of India in Fremont, Multi-faith picnic event in Palo Alto, Wellness fair in Palo Alto High and Gunn High School, and Crack the Wellness Code event in Milpitas. We are touched that many event attendees visited our booth to praise Maitri's work and offer their support. We also provided a cultural responsive training at the Riley Center for their advocates. For Maitri resource booth or presentation, please [email](#) us! We need your help to gain visibility. Together, we can end domestic violence.



Maitri Podcast

Last quarter we uplifted survivor voices through our podcast episodes. We published an empowered survivor story, and some great discussions addressing stigma with divorce and reproductive coercion. We are thankful to our sister agencies, [Daya](#), [Raksha](#), [Sakhi](#), [Apna Ghar](#) and [Rennu Dhillon](#) for joining us in meaningful discussions. Please listen to these episodes 1. [Survived and Thrived](#) 2. [Pursuit of Reproductive Freedom](#) and 3. [The Stigma of Divorce](#). Please [email](#) us your feedback. Find all Maitri podcast episodes on [SoundCloud](#) and on other podcast apps.

Maitri at Sevathon

Maitri has been taking part at Sevathon, a big community walk since its inception and every year many of our supporters join Team Maitri. This year was not an exception. A big group of community members registered for Maitri at Sevathon upholding the message that domestic violence will not be tolerated in our community. Much thanks from us to all of you that joined Team Maitri and supported the cause.



Sirjana Singh Benefit Event

In September we had a successful benefit event. A long time Maitri supporter and high end jewelry designer, [Sirjana Singh](#) presented a jewelry show with her unique collections and donated part of the proceeds to Maitri. Thank you Sirjana for supporting our work. All community members and group are welcome to organize benefit events for Maitri. Please [contact us](#) if you need more information.

WISDOM OF OUR ELDERS

Ms. Anuradha Koirala is the founder and chairperson of Maitri Nepal, a non-profit to combat human sex trafficking. Ms. Koirala has earned respect and recognition for the courage she has demonstrated in fighting against human traffickers, her legacy of rescuing girls from red-light districts and her relentless work in preventing girls from being trafficked across the India-Nepal border. She is a recipient of 38 national and international awards

in recognition of her courageous acts and lifetime achievement furthering the cause of children's and women's rights.



"Just imagine what would happen if your daughter was standing there. What would you do, how would you fight? So you have to join hands, you have to take each child as your daughter. Soon you will feel their sorrow and then you will feel the strength that comes out of you to protect them.

Anuradha Koirala

QUARTERLY UPDATE ON PROGRAM STATS

Total Survivors Served : 220

Total Helpline Calls : 419

Total Transitional Housing Bed-nights: 723

Total Legal Advocacy Sessions: 245

Total Economic Empowerment Program Sessions: 83

ANNOUNCEMENTS

Welcoming New Staff

Fahria Khan joined as our new Donor Engagement Manager. She is an MIT graduate and community leader who has spent the last 20 years serving the community through various non-profit organizations, programs, and initiatives. She also brings extensive experience to help us engage meaningfully with our donor community.

Support Maitri

You shop, Amazon gives: Make a difference when shopping on Amazon! Select 'Maitri Charitable Trust' as your favorite charity on Amazon Smile. For your every purchase, Amazon donates a percentage of it to Maitri.



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