

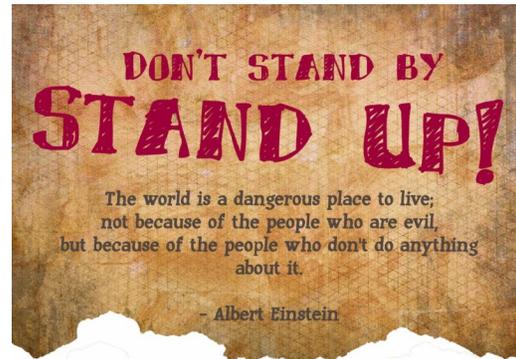


Between Friends

Maitri Quarterly Newsletter

July- 2018

The recent #metoo and #timesup movements have rocked the world. These have helped many victims find the courage to talk about their pain in public, and encouraged the community to start a larger conversation against factors of power imbalance and gender inequality that instigate gender abuse. The changing environment gives us renewed vigor to move the needle on prevention of abuse and harassment. We hope that each one of you will stand with us in the movement against domestic violence, sexual assault, and all form of gender violence and abuse!



New Maitri Helpline Hours

1-888-8-MAITRI (1-888-862-4874)

Call to speak with a helpline advocate between **9 am- 3 pm (Mon -Fri)**. At all other times leave a message with a safe number; your call will be returned within 24-48 hours.

MAITRI- LAST QUARTER @ A GLANCE

New Beginnings Workshop

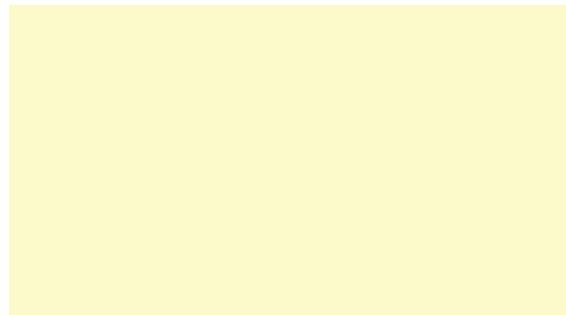
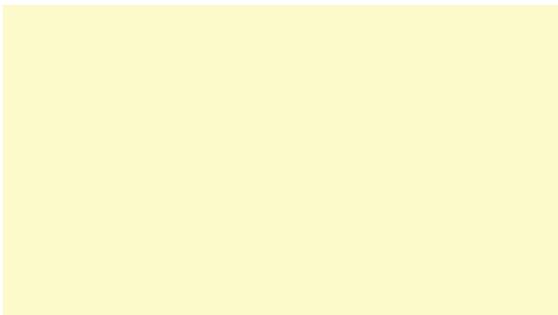
In June we facilitated a workshop for our clients on new beginnings. The curriculum was thoughtfully designed to help the attendees to have a deeper understanding of self, priorities in life, and about setting concrete goals towards those priorities. Discussions also centered around making choices about the future. Nine Maitri clients attended and shared positive feedback about the workshop.

A few testimonials from our clients:

"It helped me to think about my goals in life, and what I should focus on. It also helped me to think in detail about how I can move on and not getting into an abusive relationship"-

"Fantastic workshop. Gave me insight on where I stand and showed the steps of where I want to go. The positive and negative sides that were discussed gave a great and frank overview on these sensitive topics. I also feel that the focused positive approach on such emotional and sensitive topics was done with a lot of research, detail, and professionalism".

Gaining Visibility & Raising Awareness





Last quarter Maitri volunteers provided outreach booths at eight different community events to reach out to different South Asian sub groups and different community based organizations.

In May, Maitri co presented "Serving Diverse Communities: checking your biases, creating cultural humility, and increasing capacities" at the Annual Elder Abuse conference in San Francisco organized by Legal Assistance for Seniors. Maitri staff also presented at the De Anza College, Sociology class to motivate students to join in preventative activities



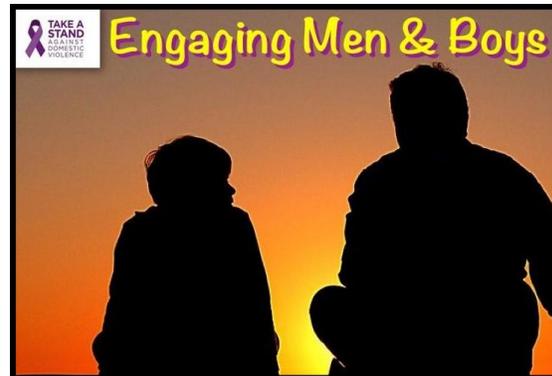
Maitri was at the State Capitol to attend Policy Advocacy Day organized by [CPEDV](#) in May.

Together with advocates from around California, Maitri staff joined the day advocating for additional funds to support domestic violence and sexual assault victims' services.

Engaging Men

In May, we re-launched our community blog, Engaging Men and Boys. Each week, men from all over the world are writing for our page condemning harmful norms and attitudes that provoke domestic violence and violence against women. Kudos to all men who are doing their part in raising awareness. Please read their posts [HERE](#)

Inviting all men to join the campaign and write for our blog. For guidelines please contact [HERE](#)



Boutique Updates

Last quarter was quite eventful for the Maitri Boutique. We hosted our very first book reading event at the boutique inviting best-selling author Sweta Srivastava Vikram. The event provided a forum for our community to hold an open dialogue on issues surrounding domestic violence. We also held an art exhibition and sale of gorgeous paintings by the talented artist Salma Arastu.

Please attend our ongoing Semi-Annual Sale (July 20-Aug 5) for amazing collections & fabulous deals.

To stay up-to-date with our sales and events, please like us on [Facebook](#). For more information or to donate please email [HERE](#). NOTE: We are NOT accepting donations from July 11-Aug 15.

THANK YOU

We Are Honored

Maitri was recognized as one of the outstanding API leaders and received the 2018 Asian Pacific Islander American Heritage Leadership Award

from Senator [Bob Wieckowski](#) in May. A big THANK YOU to Senator Wieckowski and everyone else who attended the ceremony and applauded for Maitri. It was a proud moment for us!



Benefit Event

A big shout out to [BOOMM](#) for their support to Maitri over several years. This is the 6th year in a row they presented Rock de Boom, a rocking music show to benefit Maitri. We are grateful to have their love and continuous community support.

We Thank Our Funders

We express our gratitude to all our institutional funders of Fiscal Year 2017-18. Their partnership and trust help us go from strength to strength, to build a safer community. For a complete list of funders, click [HERE](#)

UPCOMING EVENTS



Show Heart through Art

Encourage all youngsters you know to take part in the Maitri annual art and poetry fest.

They can draw a picture or write a poem depicting love / compassion / peace. Send the submission with participant's name and age [HERE](#) by Sept 1. All submissions will be published on the Maitri Bay area FB page and in our October newsletter to commemorate Domestic Violence Awareness Month.

This opportunity is open to all Elementary, Middle and High School students. Spread the word!



Maitri Saree Walk

Join team Maitri at Sevathon. To Walk/ Run / Sun Salutation: Register [HERE](#)

Cannot join in person? Join us in spirit and donate your registration fee or more \$\$ in [HERE](#). 100% donation will come to Maitri.

This year some of our volunteers and staff will be walking / running wearing Sarees. Join the group if you are a Saree fan. But Saree or not, we need all our supporters in our team!

Date: Sunday, Aug 19 Location: Arena Green, San Jose

WELCOMING NEW STAFF

Asha Thomas

Asha joined Maitri as Client Advocate in May 2018. Prior to joining this staff position she had been volunteering at Maitri since 2016 as a trained advocate. Asha has worked in academia and in the Indian non-profit sector for more than a decade. She has a PhD in Social policy from University of

Chicago, speaks English, Hindi, Kannada, Malayalam and Tamil and is now dedicated to helping survivors of abuse on their journey from crisis to a life of dignity

Tsering Dhondup

Tsering joined Maitri as Accountant in June 2018. Prior to this position Tsering served the Central Tibetan Administration in Dharamsala as an Auditor, Accountant, and later as a Protocol Officer at the Bureau of His Holiness the Dalai Lama. After moving to the USA he worked at the Superior Court of Contra Costa County. Tsering speaks Tibetan, English, Hindi and has a working knowledge of Mandarin. In his brief time at Maitri, he feels he has already learned a lot about the issues Maitri is working on tirelessly to help bring change in our community.

QUARTERLY PROGRAM STATISTICS

HELPLINE

Crisis calls: 86
Total Calls: 811

LEGAL ADVOCACY

Clients served: 69
Advocacy Sessions: 210

TRANSITIONAL HOUSING

Women served: 11
Children served: 9

Maitri is a Bay Area based non-profit, dedicated primarily to helping South Asian families facing domestic violence, cultural alienation, and human trafficking.

[Website](#) | [Email](#) | **Helpline: (888) 862-4874** | [facebook](#)



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