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Today, men and women around the world, particularly here in the United States, are living in a remarkable day and age. It has become easier than ever before for women to speak out against domestic violence and sexual assault, and this change marks an important milestone for gender equality. In order to end gender violence survivors are beginning to stand up for themselves and for others as well.

However, despite these transformations, domestic violence and abuse are still extremely prevalent, especially towards women. There is still much work to be done, and it is essential that we work together to ensure equality and justice for all. No one should be silenced or have their rights trampled on. I want to

live in a society where women have the same voice as men. Everyone deserves to live a happy and safe life and in order to ensure this, men, need to support women's rights. Men and women should work as a team to achieve safety and human dignity for everyone.