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I completely agree that violence against women is a human rights issue, and there is no reason why someone should doubt it. Violence against women is an issue occurring worldwide, and unfortunately in some cultures, it is more normalized and even socially accepted.

Those who commit violence against women usually fail to see women as human beings, they see them as their property. If gender abuse or inequality is normalized in a culture then it becomes a belief and a way of life and is passed on to the next generations. To prevent this “culture” from progressing, we definitely need to teach younger generations to not follow in the same paths as previous generations have. Individuals need to open their eyes and see everyone as equal, no matter gender, race, or skin color.

I believe that a huge onus is on men and boys to change the culture that instigates gender abuse. Men for the most part, are the ones who commit abuse or violence against women. So, it is their duty to spread awareness, educate, and eventually end this heinous crime. Men can help by spreading awareness as well as making sure that they themselves are not engaging in abuse.

Abuse against women is prevalent everywhere in the world, in different forms, and action needs to be taken to end this. There have been numerous incidents of attacks on women, who simply said “no” to a proposal from a male. We watch or read news almost on a daily basis, of acid attacks, rapes or homicide cases where a girl refused a marriage proposal or something trivial; this is extremely sad and frustrating. It is high time we start talking about the issue and do something about it.